**Heartfulness Research Centre**

**Research Scholars & Guides/Supervisors Registration**

The **Heartfulness Research Centre (HRC)**, Sahaj Marg Spirituality Foundation (SMSF) Recognized by the **University of Mysore (UoM)** since 2012. Any research undertaken through the foundation will qualify for a degree of Doctor of Philosophy (Ph. D). All activities pertaining to Research is coordinated by Heartfulness Research Centre, Mysuru.

Several scholars are currently registered in the Ph. D. program and are working on inter-disciplinary research related to Sahaj Marg Philosophy. In fact, they have started presenting papers and articles at related conferences and seminars.

Interested in registering for the Ph. D. programme?

Go through the eligibility criteria given below. If you qualify, then write to [hrc.research@heartfulness.org](mailto:hrc.research@heartfulness.org) to confirm that applications to the program are being accepted and then send in your application form.

**To Apply:** Information will be sent in Abhyasi Bulletin Once a year, Download the [SMSF, HRC Application Form](http://www.sahajmarg.org/c/document_library/get_file?uuid=e6eee766-6b47-4ff8-b493-7a5b8be029a8&groupId=10128), fill and mail to the HRC, Mysuru address. Or, scan the completed application form and email to [hrc.research@heartfulness.org](javascript:location.href='mailto:'+String.fromCharCode(99,114,101,115,116,46,114,101,115,101,97,114,99,104,64,115,97,104,97,106,109,97,114,103,46,111,114,103)+'?')

**Eligibility Criteria:**(As per UGC regulation)

Any master’s degree/other equivalent degree from UoM or from any other university or institution recognized by UoM as equivalent, with a minimum cumulative grade point average (CGPA) of 55% or equivalent. This condition is relaxed to 50% in case of SC/ST/Category-I candidates.

**Procedure for Selection:**

From those who have applied, the selection of the candidates for the next level of processing will be based on their merit, availability of suitable guides and the research topic chosen by them.

**To qualify to register for the Ph.D. program:**

1. The selected candidates must attend a 5-days ‘Orientation Program for Research Aspirants (OPRA)’ at HRC, Mysuru.
2. Take an internal written exam that will be conducted by HRC, Mysuru. followed by a viva. The reference books for this exam are listed below\*\*
3. Candidates successful in the SMSF internal written examination must take an entrance examination as per UoM norms.
4. Provisional registration will be based on securing 55% in this entrance exam.
5. The candidates who clear the UoM entrance exam must complete a 16-weeks course work at CREST, Bangalore. This will be followed by a course work examination conducted by UoM.
6. Once registered for the Ph. D program each candidate will be assigned a Research Guide recognized by the UoM.
7. Foreign nationals\*\*\*
   1. Must attend OPRA and take the internal exams – both written and oral.
   2. Must obtain a valid Research Visa (not Student Visa, X Visa, Tourist Visa or any other form of Visa) for pursuing research in UoM.
   3. Must obtain a certificate of eligibility issued by the UoM.
   4. Need not appear for the UoM entrance examination.
   5. Must complete a 16-weeks course work and take the course work examination.
8. Fee structure will be as per the regulations of UoM.

Note:

* The dates of the examination as per UoM norms will be announced when finalized.
* Candidates who had cleared the UoM entrance exams earlier and had, for any reason, not registered for the Ph.D. program, will need to attend OPRA and take the internal examination and viva. This is mandatory.

\*\* Literature to be read as per books mentioned below for SMSF Internal Written Examination & Viva:

* 1. Complete Works of Ram Chandra Vol I.
  2. Role of Master in Human Evolution
  3. My Master
  4. The Heartfulness Way
  5. Designing Destiny

*\*\*\* HRC will accept the applications on the understanding that it’s the responsibility of the applicant to apply for a research visa on their own and fulfill the eligibility criteria.*

**For any further queries contact:**[**hrc.research@heartfulness.org**](mailto:hrc.research@heartfulness.org)

**Heartfulness Research Centre – Sahaj Marg Spirituality Foundation, Mysuru**

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