

HEARTFULNESS ESSAY EVENT 2022



Presented by *Brighter
Minds* Enriching
Young Minds

Organised by
Heartfulness Education Trust
Shri Ram Chandra Mission

in collaboration with
United Nations Information Centre
for India and Bhutan



Category 1 (14 - 18 years) 500 words

Topic : Kindness is compassion in action

Category 2 (19-25 years) 750 words

Theme: Rising with kindness

In phase one, the participant will need to look around their immediate living environment, identify a problem with complete analysis, ideally relate it to one or more of the Sustainable Development Goals of the UN and come up with an innovative solution with the details of resources and necessary funding.

Supported by  

Education Partner



For detailed guidelines please go to:
hfn.link/essayevent

For any clarifications please write to us at :
essayevent@heartfulness.org