

# INTERNATIONAL DAY OF PEACE

21<sup>st</sup> of September 2016

Individual Peace contributes to  
World Peace

## Join the Heartfulness Webcast

5 p.m. to 7 p.m. IST

Continue to meditate with us till the 30<sup>th</sup> of September, anytime, anywhere, and as many times as possible.

### Find out more:

[ipd.heartfulness.org](http://ipd.heartfulness.org)

[peaceday@heartfulness.org](mailto:peaceday@heartfulness.org)



Heartfulness

Through meditation, [peace](#)